

DENTAL HEALTH EDUCATION CURRICULUM

Grade Level: 8th

Subject: Oral Piercing

Activity Time: Up to 1 hour

Rationale: The purpose of this lesson is to provide information to the students about the health risks and hazards related to piercing in the oral cavity (mouth).

Educational Standards Addressed: This lesson addresses the *Sunshine State Standard* "Health Literacy," related to increasing the students' knowledge about various methods of health promotion and disease prevention. It also addresses the standard of "Responsible Health Behavior," which provides information to the student about the importance of assuming responsibility for personal health behaviors.

TEACHING PERSPECTIVES:

Objectives – The students will demonstrate an understanding of the harmful effects of oral piercing to the mouth. The students will understand the various diseases caused by these procedures and their potential effects on their overall health and wellbeing. Those students who already had oral piercing will understand recommended aftercare procedures.

Materials – The materials for this lesson include a computer with an LCD projector to show PowerPoint, or an overhead projector to show transparencies; a teacher script; online services; and a quiz.

Resources – The online resources for this lesson are:

- <http://www.ada.org/public/faq/piercing.html>
- <http://www.cdc.gov/ncidod/eid/volno8/01-0458.htm>
- <http://www.agd.org/consumers/topics/piercing/tounge.html>
- <http://www.perio.org/consumer/piercing.htm>
- <http://www.safepiercing.org/guides/oral.html>

Procedures:

- 1) Show slide/PowerPoint presentation on oral piercing using script.
- 2) Assign students to visit referenced Web sites to research risks and complications of oral piercing and recommended aftercare procedures.

Activity – Have students use computers to obtain information about oral piercing and then report their findings.

Assessment – Use the 10-question, multiple-choice quiz to assess students' knowledge of oral piercing risks and complications.

Summary -- Following completion of this lesson, the student should be able to understand the negative health-care effects of piercings in the oral cavity.