

MOUTH WISE

Script

For Classroom Teacher

SMOKELESS TOBACCO

- SLIDE 1 "Hello class. Today, we are going to learn about the harmful effects of using smokeless tobacco products."
- SLIDE 2 "There are three major types of smokeless tobacco products sold in stores – spit tobacco, snuff and chewing tobacco."
- SLIDE 3 "There are many brands of smokeless tobacco products available today. This slide provides a list of some of the brand names that you may have seen in stores. Do you recognize these brand names?"
- SLIDE 4 "If you should decide to try or you are using any smokeless tobacco products, you need to be aware of the harmful contents of these products."
- SLIDE 5 "Each of the products if used for a long period of time can cause serious health problems. These types of smokeless tobacco are known to contain NITROSAMINES, which are chemicals that can cause cancer."
- SLIDE 6 "Twigs, sand, grit, and sugar are often found in chewing tobacco. Consuming sugar can lead to tooth decay."
- SLIDE 7 "Some of the chemicals that are contained in smokeless tobacco products are: Uranium 235, Benzopyrene, Cadmium, Formaldehyde, Hydrazine, Acetaldehyde, Polonium 210..."
- SLIDE 8 "...and Nicotine."
- SLIDE 9 "Like the use of cigarettes that contain Nicotine, smokeless tobacco can also become addictive."
- SLIDE 10 "The more you use a tobacco product, whether it is a cigarette or smokeless tobacco, the more you want them. This is the power of Nicotine."
- SLIDE 11 "Some of you in this class already may have tried a smokeless tobacco product. Nationally, about three of every four high school

students have tried some type of smokeless tobacco before 9th grade.”

SLIDE 12

“The continued use of smokeless tobacco can cause serious dental problems.”

SLIDE 13

“Besides causing cancer, the continued use of smokeless tobacco can cause tooth decay, bad breath, gum disease and mark your teeth with brown stains.”

SLIDE 14

“Oral cancer is very painful and the surgery necessary to repair the damage can disfigure a person. Everyone needs to know the signs of oral cancer.”

SLIDE 15

“The first sign of oral cancer may be a white or red patch on the gums, cheeks, lips or tongue. This patch may feel like a lump or bump in the mouth. This will be tender and may cause a burning sensation. ”

SLIDE 16

“Another sign may be that there is numbness in the mouth or lips. Finally, if a person has difficulty swallowing, speaking, chewing or moving the jaw, this could be a sign that there is a problem.”

SLIDE 17

“Death from smokeless tobacco can occur if the condition is left untested. The death rate for people diagnosed with oral cavity and pharynx cancer is 3 percent for males and 2.5 percent for females.”

SLIDE 18

“To find out more information about the harmful effects of using smokeless tobacco, you should visit the Web sites listed on this slide. Information about smokeless tobacco is available from the American Dental Association, American Cancer Society and the Center for Disease Control.”