**X-RAYS**

amount of radiation

DENTAL X-RAYS = ONE DAY OF NATURAL BACKGROUND RADIATION = 1-2 HOUR PLANE RIDE

SOURCES: COSMIC RAYS, BUILDINGS & GROUND, RADON GAS, FOOD & DRINK

**radiation safety**

Dental X-ray tools and techniques are designed to limit the body’s exposure to radiation and every precaution is taken to ensure that radiation exposure is **As Low As Reasonably Achievable (the ALARA principle)**.

**A LEADED APRON** minimizes exposure to the abdomen and may be used when it will not interfere with acquisition of the dental radiograph. Also, a **LEADED THYROID COLLAR** can protect the thyroid from radiation, and should also be used whenever possible. The use of a leaded thyroid collar is recommended for women of childbearing age, pregnant women and children.

ARE YOU PREGNANT? Make sure to tell your dentist. During your pregnancy, you may need to have X-rays taken as part of your treatment plan for a dental disease. Use of the leaded apron and thyroid collar will protect you and your fetus from radiation exposure.

PROVIDED BY

FLORIDA’S ADVOCATE FOR ORAL HEALTH
X-RAYS

1. Determine the present status of your oral health.
2. Create a baseline to help identify changes that may occur later.
3. Detect damage & disease not visible during a regular exam.
4. Evaluate the growth and development of your teeth.
5. Detect any new cavities.
6. Determine the status of your gum health.

6 REASONS

panoramic

bite wing

2 VIEWS

film
digital

2 FORMATS